

**HIGH SCHOOL – Breakfast - MENU
May 2011**

Cafeteria News:

Breakfast available @ 7:05 - 7:30 am

1st Lunch 10:46 - 11:11

2nd Lunch 11:17 - 11:42

3rd Lunch 11:48 - 12:13

4th Lunch 12:19 - 12:48



Now Serving Breakfast – Choose 3 or more items for \$ 1.50

Reduce Price \$.30

Milk \$.55



Grab -N- Go Breakfast!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk
Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk
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Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk	Assorted Muffin Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & milk	Cereal Bagel w/ c.c. Poptart Egg sandwich Fruit, Juice & Milk
 	<p>Start your day on the right foot! Eat Breakfast</p>			

Message for Parents:

It's important that you the parent maintain a positive balance on your student's lunch account.

Monthly deposits must be made in order to continue to use the POS system. Payments can be made online at WWW.MyNutrikids.com, or the Cafeteria accepts payments daily. Please check the balance often so not to stop service on your student's account.

Lunch w/ POS or Cash \$ 2.25

Breakfast w/ POS or Cash \$ 1.50

Questions or concerns call 781-878-8822 ext. 432

Free & reduce applications are found in the Guidance office or Food Service Dept.

HIGH SCHOOL – LUNCH MENU

MAY 2011

Cafeteria News:

National Strawberry Month- Look for Strawberries on the menu!



Teacher Appreciation Week 2-6

38 Days left of school


Please check your student's account!

Daily Lunch Options:

Specialty Sandwiches & More!

Pre-Made salad

All lunches served with fruit,veggie & choice of milk 1%

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Assorted Hot Subs Chips or Salad	3 Orange Chicken Fried Rice Mixed Veggies Pineapples	4 Pasta Bar Green Beans Garlic Bread	5  Nachos Corn Salsa/Sour Cream Pineapples Cinco DeMayo	6 "Our Own" Calzone Caesar salad
9 Chicken Tenders Rice Carrots Dipping Sauce	10 Bacon Cheddar Burger Side Salad or Chips Pickle Spear	11 Pasta w/meat sauce Sweet Peas Wheat dinner roll	12 Twin Taco (soft shell) All the fixins' Corn/Salsa	13 Chicken Nuggets Smiley Fries Corn Dipping Sauce
16 Mash Potato Bowl	17 Turkey or Ham Wraps Spring Salad Baked Chips	18 Pasta Bar Chef's Choice 	19 Chicken Parm on a roll Side salad Fresh Strawberries Milk National Strawberry Day! 	20 Homemade Calzone Toss salad Fresh Fruit cup
23 Meatball Sub Tater tots Pickle Spear	24 Buffalo Twisters Pasta Salad or Cape Cod	25 Mac & Cheese Veggie tray Dinner roll	26 Homemade Calzone Caesar salad Fresh Fruit cup	27 Early Release No Lunch Breakfast will be served
30 Memorial Day No Lunch Service	31 Grilled Croissant Ham or Turkey w/Cheese			

Message for Parents:

It's important that you the parent maintain a positive balance on your child's lunch account.

Monthly deposits must be made in order to continue to use the POS system. Payments can be made 3 ways.

WWW.MyNutrikids.com , mail payments South Shore Vo-Tech 439 Webster Street, Hanover, Ma. 02339the Cafeteria accepts payments between 9:30-10:30 daily. Please check the balance often so not to stop service on your student's account.

Lunch \$ 2.25/ Deli Bar \$2.75

Breakfast \$ 1.50

Questions or concerns call 781-878-8822 ext. 423

Free & reduce applications are found in the Main office or Food Service Dept.